

Brooks Women's Ravenna 11 Review-2021



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Made in USA or Imported

Rubber sole

THIS SHOE IS FOR: The Ravenna 11 is perfect for runners who want a lightweight, supportive shoe that straddles the line between training and racing.

SUPPORT AND CUSHION: Provides just the right amount of stability and support, great for overpronation while providing a lightweight, flexible and responsive cushioning. Ideal for road running, cross training, the gym or wherever you might want to take them! Predecessor: Ravenna 10

FAST CUSHIONING: BioMoGo DNA midsole cushioning and rebounding rubber deliver comfort without adding extra weight - perfect for days when you're working on your speed.

HOLISTIC SUPPORT: We've shifted our focus beyond the feet to the most injury-prone part of a runner's body: the knees. GuideRails support keeps you moving comfortably by keeping excess movement in check.

QUICK TRANSITIONS: The Midfoot Transition Zone is shaped to go from heel to toe quickly.

SPEED FEEL

Fast and streamlined to launch your attack on the terrain.

RAVENNA 11

Springy and fast

Don't sacrifice support for speed. This lightweight running shoe delivers our holistic GuideRails support in a fast, streamlined design.

THIS SHOE IS FOR: This is the sister shoe to the Launch, so it works as a great long-distance racing or training shoe for efficient runners with added support to help non-neutral runners.

ENERGIZED FEEL: Delivers a responsive and springy ride to add extra lift to your stride without compromising support or speed.

GUIDERAIL SUPPORT SYSTEM: Next-generation GuideRails provide holistic support by guiding your feet into alignment—reducing heel and shin rotation, and keeping excess knee motion in check.

LIGHTWEIGHT FIT: The one-piece mesh upper and internal bootie are so light and breezy, they feel like they're not even there.

SPRINGY CUSHIONING

BioMoGo DNA midsole cushioning and rebounding rubber create a springy feel underfoot.

QUICK TRANSITIONS

The Midfoot Transition Zone is shaped to go from heel to toe quickly.

GUIDERAILS HOLISTIC SUPPORT SYSTEM

We've shifted our focus beyond the feet to the most injury-prone part of a runner's body: the knees. GuideRails keep you moving comfortably by keeping excess movement in check.

Ravenna 11

Ricochet 2

Bedlam 3

Adrenaline GTS 20

Glycerin 18

Launch 7

Support or Neutral

Support

Neutral

Support

Support

Neutral

Neutral

Experience Level

Speed Level 1 of 3

Energize Level 2 of 3

Energize Level 3 of 3

Cushion Level 2 of 3

Cushion Level 3 of 3

Energize Level 1 of 3

Experience Description

Fast and streamlined to propel you through your run

Responsive and springy to give lift to your every stride

Responsive and springy to give lift to your every stride

Soft and protective to cushion your every step

Soft and protective to cushion your every step

Responsive and springy to give lift to your every stride

Recommended For

Long Distance, Speed / Track, Treadmill, Road

Long Distance, Speed / Track, Cross Training, Treadmill, Road

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Long Distance, Treadmill, Road

Long Distance, Treadmill, Road

Speed / Track, Cross Training, Treadmill, Road

Midsole Drop

10mm

8mm

8mm

12mm

10mm

10mm

Weight

8.4oz / 238.1g

8.4oz / 238.1g

9.5oz / 269.3g

9.4oz / 266.5g

9.0oz / 255.1g

8.1oz / 229.6g

CUSHION

A Cushioned experience is soft and protective.

Level 1 - Minimal Cushion - Recommended for the runner looking for a softer run without too much cushion.

Level 2 - Medium Cushion - Recommended for the runner looking for a soft run with cushion.

Level 3 - High Cushion - Recommended for the runner looking for a very soft and protective cushion.

ENERGIZE

Energized experience is responsive and springy, adding extra lift to your stride!

Level 1 - Minimal Energize - Recommended for the runner looking for minimal spring in their stride without feeling damp.

Level 2 - Medium Energize - Recommended for the runner looking for a springy and responsive feeling stride.

Level 3 - High Energize - Recommended for the runner looking for a very springy and responsive stride.

SPEED

Speed experience is lightweight, fast and streamlined, adding extra speed to your stride!

Level 1 - Minimal Speed - Recommended for the runner looking for speed in their stride with minimal cushion.

Level 2 - Medium Speed - Recommended for the runner looking for a fast and responsive feeling stride.

Level 3 - High Speed - Recommended for the runner looking for the lightest weight and most responsive feeling stride.

CONNECT

Connected experience is lightweight and flexible to naturally feel your run!

Level 1 - Minimal Connect - Recommended for more natural feeling run with a little cushion.

Level 2 - Medium Connect - Recommended for the runner looking for natural feeling run and lightweight shoe.

Level 3 - High Connect - Recommended for the runner looking to feel connected to every stride for a very natural feeling run Review 2021, feedback 2021, promo code, discount code 2021, buy, picture, description, sale, price comparison, cheap, cheapest, value for money.